

LONO Ē
Na Kumu Keala Ching
Hiuwai Ceremony

E Lonoikamakahiki ē	Lono, Season of Peace
E Lono Akua	Lono, Foundational source
E Lono Ualani	Lono, Heavenly rain
E Lono Ulaleo	Lono, Spiritual voice
E Lono ola ē	Lono, Lifestyle
E Lonoikamakahiki ē	Lono, Season of Peace
E Lono ‘Āina	Lono, Ancestral lands
E Lono Lehulehu	Lono, Ancestral connections
E Lono Wailua	Lono, Ancestral Spirit
E Lono ola ē	Lono, Lifestyle
E Lonoikamakahiki ē	Lono, Season of Peace
E Lono Kupuna	Lono, Sacred knowledge
E Lono Mākua	Lono, Foundational knowledge
E Lono ‘Ōpio	Lono, Youthful knowledge
E Lono ola ē	Lono, Lifestyle
E Lonoikamakahiki ē	Lono, Season of Peace
E Lono ola ē	Lono, Lifestyle
E Lono ola ē	Lono, Living
E Lono ola ē	Lono, Being
E ola!	

Upon this day of winter solstice, Ke Ao Polohiwa a Kanaloa or Ka Māuiki‘iki‘i o ka Ho‘olio, Lono ē is composed to honor our journey of spirit (seen and unseen) to strengthen our physical essences beyond our current situation. Look upon the “Season of Peace - Lonoikamakahiki” to recognize that within all of us, peace is found deep within and waiting to be discovered and uncovered encompassing our pathways of life! Eō e Lonoikamakahiki!